

# THE NORDIC INDEPENDENT LIVING CHALLENGE

## Matchmaking Event

### PROGRAM – Day 1

| Time: | What:   | Who:   |
|-------|---|--|
| 11.00 | Arrival and checking in                               |  |
| 11.30 | Lunch   | A light lunch is served  |
| 12.15 | Introduction to the event                             | Mona Truelsen, Senior Innovation Adviser, Nordic Innovation and project leader for the Independent Living Challenge  |
| 12.30 | Welcome   | Juha Jolkkonen, Division Director, Department of Social Services and Health Care, City of Helsinki, and Chairman of the Steering Group for the Independent Living Challenge  |
| 12.45 | Panel discussion                                      | Dagur B. Eggertsson, Mayor, City of Reykjavik, Aud Kvalbein, Deputy Mayor, City of Oslo, Clara Lindblom, Deputy Mayor, City of Stockholm, Juha Jolkkonen, Division Director, City of Helsinki<br>Moderated by Ask Agger, Managing Director, Workz A/S  |
| 13.30 | About end users                                       | Juha Kronqvist, Senior Service Designer, Diagonal  |
| 14.00 | Workshops about end users: Choose between five themes | <p><b>Mobility</b><br/>Anne Maj Nørgaard, SOF, Denmark<br/>Rasmus Sylvest, LIONS Kollegiet, Denmark</p> <p><b>Social life</b><br/>Tuula Koli, end user, Finland<br/>Sigrid Aketun, Geriatric Resource Centre, Norway</p> <p><b>Health and well-being</b><br/>Louise Scheel Thomassen, Center for Healthy Aging, Denmark<br/>Odd Grann, The Central Elderly Council in Oslo, Norway</p> <p><b>Security and safety</b><br/>Gun Höglund, end user, Sweden</p> <p><b>Services</b><br/>Suhas Govind Joshi, University of Oslo, Norway<br/>Mikko Kutvonen, Design Driven City, Finland</p> |
| 15.45 | Pause   |  |
| 16.15 | Open marketplace and speed dating                     | Open marketplace where you can mingle with experts, city representatives, end users and other participants to find new constellations, inspiration and knowledge. Or you can join one of five speed dating sessions.   |
| 18.00 | Rounding up Day 1                                     |  |
| 18.15 | Dinner and networking                                 |  |

# PROGRAM – Day 2

| Time: | What:   | Who:  |
|-------|---|---|
| 08.30 | Checking in and morning coffee  |   |
| 09.00 | About caretaking  | Bente Nodland Otto, Bydel Ullern, City of Oslo  |
| 09.20 | Workshops about caretaking:<br>Choose between five themes                               | <p><b>Community care</b><br/>Brandur Bjarnason Karlsson, end user, Iceland<br/>Þórhildur Egilsdóttir, Social Worker, Iceland</p> <p><b>Self care</b><br/>Sigrid Aketun, Geriatric Resource Centre, Norway<br/>Ruth Forsberg, end user, Sweden</p> <p><b>Surveillance</b><br/>Mikko Kutvonen, Design Driven City, Finland<br/>Suhas Govind Joshi, University of Oslo, Norway</p> <p><b>Caretaker needs</b><br/>Anne Marthe Sedlak, UHT, Norway<br/>Sølvi Andersen, UHT, Norway</p> <p><b>Efficiency in care</b><br/>Helena Soini, City of Helsinki, Finland<br/>Bente Nodland Otto, Bydel Ullern, City of Oslo, Norway</p> |
| 11.30 | The Nordic marketplace  | Dennis C. Søndergård, Senior Advisor at Nordic Centre for Welfare and Social Issues, Nordic Council of Ministers, TBC   |
| 11.50 | Lunch   |   |
| 12.50 | Next step: Information about the third phase of the Nordic Independent Living Challenge | Arvid Løken og Haukur Stefansson, Senior Advisors, Nordic Innovation  |
| 13.05 | Planning ahead  | Plan your next steps with assistance from Nordic Innovation, Workz, experts and city representatives and more opportunities for seeking partnerships.   |
| 14.55 | Rounding up   | Nordic Innovation   |
| 15.00 | Event closes  |   |

